

# Peppermint Essential oil India

*Mentha piperita* L.



**Herbaceous**  
Minty



Botanical family : Lamiaceae  
Method of culture : Conventional  
Part harvested : Aerial parts

CAS TSCA : 8006-90-4  
INCI : Mentha piperita oil

## Specifications

Method for obtaining : Steam distillation  
:  
Appearance : Colourless to light greenish yellow liquide  
Constituents : Menthol, menthone

## Harvest period

J F M A **M J J A** S O N D



Spearmint is native to Europe. Since being introduced in the United States, it has become the most important essential oil for the country's flavors and fragrances industry. Spearmint is also produced in great quantities in China. The origin of the common name "mint" comes from Greek mythology. The naiad Minthe (also Mentha and Mintha) engaged in a passionate, but illicit, affair with Hades, god of the Underworld. Persephone, his lawful wife, punished Minthe by changing her into an insignificant little plant. Hades, to assuage his grief, endowed the plant with a powerful fragrance, one, it is said, that is able to stoke the fires of love.

Peppermint, a member of the Lamiaceae family, shares that grouping with other famous botanical herbs such as melissa, thyme, oregano, rosemary, and basil. In the genus *Mentha*, there are mild mints containing carvone (spearmint), linalool mints with a subtle citrus fragrance (bergamot mint), and powerful, menthol mints like peppermint and *Mentha arvensis*. Most likely native to England, peppermint is now cultivated in the United States (main producer), India, Russia, and France.

Advised uses : Aromatherapy, Perfumery, Cosmetic, Alimentary



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