

Caraway Essential oil Finland

Carum carvi L.



Spicy
Fresh



Botanical family : Apiaceae
Method of culture : Conventional
Part harvested : Fruits

CAS TSCA : 8000-42-8
INCI : Carum carvi fruit oil

Specifications

Method for obtaining : Hydrodistillation
:
Appearance : Colourless to amber yellow liquid
Constituents : Carvone, Limonene

Harvest period

J F M A M J J **A** S O N D



Caraway is a small umbellifer resembling wild carrot. The lacy leaves are on hollow, branching stems and the small, white flowers are clustered in light, airy umbels. This biennial plant only begins blooming in its second year, from May to July. The fruits follow and are harvested in August. When the stems turn brown, the caraway plants are harvested. They must be cut before the fruit is fully mature to avoid the seeds dropping from the umbels. In days of old, harvesting was done manually, using a sickle. Nowadays, it is performed mechanically, which reduces raw-material losses. Harvesting is best done on sunny days when the seeds contain more essential oil. The caraway essential oil obtained through steam distillation of the dried seeds is spicy and fresh.

Caraway, native to Europe and Asia, is found abundantly in grasslands and along embankments and roads, where it grows wild. This small, aromatic umbellifer is commonly known as "meridian fennel" or "Persian cumin." Caraway is one of four ancient greater hot seeds, along with anise, fennel, and cumin; coriander is sometimes included, as well. Probably one of the oldest spices known, it has been unearthed on Neolithic prehistoric sites. Caraway also had the honor of being buried alongside Pharaoh Tutankhamun in 1336 B.C. In ancient Egypt, it was believed to chase away evil spirits, and caraway was also used to protect men from women. An entertaining Germanic legend tells that the goddess of the Earth, Hertha, made her lovers disappear, and the only survivors were those who carried or wore caraway seeds.

Advised uses : Aromatherapy, Perfumery, Cosmetic, Alimentary



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Ed. 2019.05.20