

# Cedar leaves Essential oil France

*Thuja occidentalis* L.



**Woody**  
Camphoraceous



Botanical family : Cupressaceae  
Method of culture : Wildcrafted controlled  
Part harvested : Leafy branches

CAS TSCA : 8007-20-3  
INCI : Thuya occidentalis leaf oil

## Specifications

Method for obtaining : Steam distillation  
:  
Appearance : Colourless to yellow limpid liquid  
Constituents : Alpha-thuyone, beta-thuyone, fenchone

## Harvest period

J F M A **M J J** A S O N D



Canadian cedar is conifer native to the cold temperate regions of Asia and North America. It is called white cedar in Canada. It grows naturally in continental climates with harsh winters, such as in the northeastern United States and southeastern Canada. It has a tapered shape and may reach 15 meters in height. A member of the Cupressaceae family, cedar has leaves formed of overlapping scales, much like those of the cypress tree. These evergreen leaves range are yellow-green with a bluish underside, and some varieties have leaves that change color to gold or bronze. The young twigs are distilled to produce the cedar leaf essential oil, which has a woody, camphoraceous fragrance.

Cedar leaf essential oil should not be confused with cedar essential oil distilled from *Juniperus virginiana* (Red Cedar) or *Cedrus atlantica* (Atlas Cedar). Cedar was discovered in America by Captain Jacques Cartier during his second expedition to Canada in 1535. Well-known to the indigenous peoples, cedar twigs were used to make decoctions to treat illness. Cedar was the salvation of the Cartier expedition team, afflicted with scurvy and trapped in the unforgiving winter weather of Quebec. Back in France, the captain planted cedars at Notre Dame de Rocamadour, Our Lady of the Rock, as thanks for his having survived.

Advised uses : Aromatherapy, Perfumery, Cosmetic, Alimentary



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